

Dear Members,

The ESRS Board has an established fund to support travel and living expenses for young sleep researchers within the ENSTL project. For 2009, a maximum of six projects will be financed and the deadline for applications is 1st December, 2008.

European Network of Sleep Training Laboratories (ENSTL)

General principles:

1. to promote travel of young researchers or advanced students in order to learn a specific technique or methodology in an experienced laboratory belonging to the network;
2. training can be envisaged in basic, clinical or other aspects of sleep research;
3. support will be provided to travel from the home laboratory to any laboratory of the network; the most economical mode of travel should be chosen;
4. ESRS will provide a contribution of no more than 100 EUR/day to finance the living-expenses during the stay for the first two weeks, although the duration of the stay may exceed 2 weeks. The receiving laboratory is expected to finance the living-expenses during the stay, at least partially, if it exceeds the size of the ESRS contribution;
5. a maximum of six grants per year will be financed;
6. the ESRS will support only trips within Europe (grants for travels from Europe to other parts of the world or from other parts of the world to Europe should be obtained via the WFSRS, and visits within the same country should be supported by national institutions); priority will be given to young scientists or clinicians (less than 32 years old) with a certified registration within a Ph.D. program.

Application:

1. deadline: 1st December for the next year;
2. the application (consisting of a short curriculum of the applicant's age, affiliation, position, publication list and congress participation- project to be developed during the stay, letter of acceptance of receiving laboratory, certification of enrolment in a Ph.D. program and dates of the visit) should be sent to the Assistant Secretary (Prof Debra J. Skene, Chronobiology, Faculty of Health and Medical Sciences, University of Surrey, Guildford GU2 7XH, UK; email: d.skene@surrey.ac.uk);
3. unless the number of applications exceeds that of the grants available the Assistant Secretary and the Treasurer will review the application; otherwise the Chairperson of the Scientific Committee will rank the grant applications;
4. a list of laboratories or clinics which have agreed to host young scientists within the ENSTL will be sent upon request by the Assistant Secretary of the ESRS.